IELTS Listening: 4-Week Lesson Plan

5 classes per week, 75 to 90 minutes each. Designed for band 5.0 to 6.5 learners aiming for band 7+.

Trainer: _____ **Batch:** _____

Start Date: _____ **Target Band:** _____

Video Resources

- ☐ **Test overview:** IELTS Listening Tips & Essential Information, https://www.youtube.com/watch?v=q8qmJeBxk4Q
- ☐ **IELTS Liz Listening page** (25 Essential Tips + short skill videos on numbers, names, times, plurals, brackets, transcripts, predicting): https://ieltsliz.com/ielts-listening/
- ☐ **IELTS Liz playlists:** https://www.youtube.com/c/IELTSLiz789/playlists
- ☐ **Asad Yaqub playlists** (popular with Pakistani learners): https://www.youtube.com/c/AsadYaqubIELTS/playlists
- ☐ **E2 IELTS** (question-type strategies, mock tests) and **Academic English Help** (full section walkthroughs): search the channel names on YouTube
- ☐ **Practice tests:** Cambridge IELTS books (latest volumes) with audio and transcripts

Standard Class Structure (75 to 90 min)

- ☐ **Warm-up (10 min):** dictation of numbers, dates, names, spellings, or a short news clip
- ☐ **Teach (15 to 20 min):** video clip or trainer explanation of the day's skill
- ☐ **Guided practice (25 to 30 min):** one test section, played once only, as in the real exam
- ☐ **Review (15 to 20 min):** check answers, then replay with the transcript to find where and why answers were missed
- ☐ **Error log (5 min):** students record each mistake by type (spelling, plural, distractor, missed, word limit)

Week 1: Test Format & Core Skills

Goal: Students understand the test and master the basics that cost the most marks.

Class	Focus	Activities & Resources
1	**Test overview**	Watch overview video. Explain 4 parts, 40 questions, ~30 min audio, scoring and band table. Diagnostic: Part 1 + Part 2 from a Cambridge test.
2	**Numbers, dates & times**	IELTS Liz short videos on numbers and times (Liz page). Drills: phone numbers, prices, dates, 13 vs 30, double/triple.
3	**Names & spelling**	Liz video on names. Alphabet drill (A/E/I, G/J, V/W). Spelling of common topic words: accommodation, environment, necessary.
4	**Plurals & word limits**	Liz videos on plurals and brackets. Practise 'NO MORE THAN TWO WORDS AND/OR A NUMBER' rules.
5	**Part 1 full practice**	Two Part 1 sections under exam conditions. Review with transcripts; start error logs.

Homework: 20 min daily dictation (BBC Learning English short clips). 1 Part 1 section daily. List 20 commonly misspelt words.

Week 2: Prediction & Part 2

Goal: Students predict answers before listening and handle maps and multiple choice.

Class	Focus	Activities & Resources
1	**Predicting answers**	Liz 'Predicting Answers' video. Use 30-second preview: underline keywords, predict word type (noun, number, adjective).
2	**25 Essential Tips**	Watch Liz's 25 Essential Tips video; students note their top 5. Quick quiz on tips.
3	**Paraphrase & synonyms**	Audio rarely repeats question words. Synonym matching activity; listen for paraphrased answers.
4	**Map & plan labelling**	Direction language: opposite, adjacent to, clockwise, at the far end. Two map tasks.
5	**Part 2 full practice**	Two Part 2 sections, timed. Review distractors: 'Actually...', 'Oh, sorry, I meant...'

Homework: 1 Part 2 section daily. Watch Asad Yaqub listening playlist videos. Shadow 5 min of a podcast daily.

Week 3: Question Types & Part 3

Goal: Students apply a clear strategy to every question type.

Class	Focus	Activities & Resources
1	**Multiple choice**	E2 IELTS multiple choice strategy. Spotting distractors; eliminate options as you listen.
2	**Matching**	Matching features/opinions. Track who says what in discussions between 2 to 4 speakers.
3	**Part 3 discussions**	Academic discussions: agreeing, disagreeing, changing opinions. Two Part 3 sections.
4	**Sentence & flow-chart completion**	Grammar check: answer must fit the sentence. Process language: first, then, once, finally.
5	**Mini mock**	Parts 1 to 3 under exam conditions. Score and update error logs; identify weakest question type.

Homework: 1 Part 3 section daily. Re-listen to 1 TED-Ed talk with subtitles off, then on. Review error log.

Week 4: Part 4 & Full Mock Tests

Goal: Students handle academic lectures and complete full tests confidently.

Class	Focus	Activities & Resources
1	**Part 4 lectures**	Note-completion strategy; signposting language: firstly, however, in contrast, to sum up. Two Part 4 sections.
2	**Academic vocabulary**	Topic vocabulary: environment, science, history, psychology. Academic English Help Part 4 walkthrough.
3	**Full mock test 1**	Complete 40-question test, transferring answers in 10 min (paper) or 2 min (computer-based). Score with band table.
4	**Error analysis**	Review mock 1 by error type. Targeted re-practice on weakest skill.
5	**Full mock test 2 + exam day tips**	Second full test. Exam tips: check spelling, never leave blanks, move on if you miss one.

Homework: 1 full test every 2 days until the exam. Daily 10-min dictation. Final review of personal error log.

Approximate Listening Band Score Guide

Correct answers	39-40	37-38	35-36	32-34	30-31	26-29	23-25	18-22	16-17
Band	9.0	8.5	8.0	7.5	7.0	6.5	6.0	5.5	5.0

Approximate conversion commonly used for practice scoring; official band scores are set by the test owners.

Trainer Tips

- ☐ Play audio **once only** in practice tests from Week 1, exactly as in the real exam
- ☐ Use transcripts after every test: students highlight the exact sentence containing each answer
- ☐ Mix accents: British, Australian, North American, so students are not surprised on test day
- ☐ Track each student's weekly scores; aim for steady improvement of 2 to 4 correct answers per week
- ☐ Spelling and plurals are the most common avoidable mistakes for Pakistani candidates: drill them constantly